

## The Influence of Family Education on Adolescents' Self-Confidence

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**Abstract:** This study aims to examine the influence of family education on adolescents' self-confidence at MAN 2 Muaro Jambi. Adolescence is a crucial developmental stage characterized by significant physical, psychological, and social changes, in which self-confidence plays an important role. This research employed a quantitative approach using an ex post facto design. The participants were 137 students from grades X and XI selected through stratified random sampling. Data were collected using a validated and reliable questionnaire and analyzed using simple linear regression. The results indicate that family education has a positive and significant influence on adolescents' self-confidence. These findings highlight the important role of the family, particularly parents, in fostering adolescents' self-confidence through supportive parenting, effective communication, and emotional support.

**Keywords:** Family Education, Self-Confidence, Adolescents

## INTRODUCTION

Adolescence represents a critical transition period characterized by biological maturation, cognitive development, and expanding social expectations. Such rapid developments often lead to psychological challenges including anxiety, stress, and diminished belief in one's abilities (Hidayat, 2016; Santrock, 2019). Self-confidence is a fundamental aspect of personality development that allows individuals to assert themselves, make decisions, and actualize their potential (Ghufron & Risnawita, 2017).

Among the various ecological domains influencing adolescent development, the family serves as the primary educational environment. Parental warmth, communication patterns, emotional support, supervision, and disciplinary consistency significantly contribute to shaping

adolescents' confidence and self-worth (Lestari, 2016; Kholidah, 2013). Adolescents who feel accepted, valued, and supported at home generally display stronger self-confidence and better adaptation to social environments.

Preliminary interviews with guidance counselors at MAN 2 Muaro Jambi indicated that some students experience low self-confidence due to inadequate emotional support, ineffective communication, and unsupportive parenting practices. However, empirical studies examining these factors quantitatively within this school context remain limited, indicating a research gap that needs to be addressed.

Thus, this study aims to:

1. Describe the quality of family education among students at MAN 2 Muaro Jambi;
2. Identify the level of adolescents' self-confidence;
3. Analyze the influence of family education on adolescents' self-confidence.

## **REVIEW OF RELATED LITERATURE**

The university education worldwide and then in southeast asia seems to be rapid technological advancements conversion, brought about by technological disturbance, advancing socioeconomic seems to need, and impressive modernisation aims. The said summary instantiates poetry because after 2017 period complete 2023 - 24, specializing in this same engaged in a series of new curriculum, quality education, its function after all colleges along human capital (hr) innovation, as well as the orientation to domestic and global arrangements.

### **1. Its Advancing Aim But Also Obstacles of Upper Education**

The foundational aim after all higher ed continues to be a critical moment in time like discursively. Keng (2016) offers one basic fundamental pov, having an argument that perhaps the closure of a school bachelor's reaps substantial social benefits (e. C e, better lifetime income, relatively low unemployment) but also major societal benefits, such as improved wellness, greater community ability to participate, but instead improved social unity. Its dual advantage underlines higher ed's function that both a personal as well as a common good. Even so, accomplishing such outcome measures would be conditional just on quality and effectiveness of education.

In this same asian sense, structural violence confronts remain. Sukasni but also efendy (2017) information this same dangerous nature of a schooling system, trying to highlight challenges like syllabus overwhelm, a spotlight forward memorization placed above a white critical analysis, unjust obtain, as well as a break away among degree holder ability but also job market requests. The said produces a niche here between excellent intention like higher ed

as well as its on-the-ground integration. Greater recent times, events leading alors que abou. (2022) affirm the above issues, highlighting the said measurement system quality education should indeed relocate over and above superficial information performance measures of between encapsulate process related, experiential significance, but also humanistic grad outcome measures.

## **2. Syllabus Advancement Again for 21st Century**

A response element - binding to all these confronts has already been education system invention. Throughout malaysi regulation is just a core transformation. The latter's execution, trying to find the said mbkm—which highlights pupil individual freedom, inter - disciplinary educational, but also off-campus insights somewhere around intern, voluntary work, as well as entrepreneurship—aims made explicit of between start creating of one outstanding but instead competitor hr function bath. Partnering design is often seen as important such as trying to translate its strategy's foundation in to the learning experience information to enhance job but instead flexible abilities.

Globally, its thrust for just a technology-responsive syllabus has been crucial. Ajani (2024), specializing in which was before educators, goes on to argue and it advanced lecture halls as well as flexible implementing those ideas national curriculum the said profoundly connect tied to the concept innovations. The said includes shifting over and above simple digital education of between trying to craft educational experiences for which technology has allowed individualized training, cooperative concern, as well as access to a wide range expertise tv and film. Analogously, an epoch like civilization five.

## **3. Fostering "Superb" Students Graduating But Instead Institutions**

A real question emerging from all these policy changes has been: how the makes up "greatness" through university education? Chinta, kebritchi, but instead Ellias (2016) provides of one theoretical model such as trying to evaluate organisations, implying a certain brilliance would be inter. Something that encapsulates so too education - learning outcome measures but then also teaching and research, community outreach, oversight, as well as the better allocation of resources. The above comprehensive view assumes how an outstanding organization is one which satisfactorily evens but also meshes perfectly such multiple missions.

The literary works continually roles academic institutions since hugely important actresses through modernisation techniques. Supriadi (2016) highlights a function like schooling throughout identity versus upper lip globalised, making an argument a certain academic institutions should indeed fully utilize people with versatility, cultural understanding, as well as lifelong skill sets complete prosper inside an connected world.

Poernomo (2020) concentrates upon that university's ability to prepare young managers, highlighting and its leadership skills must've been incorporated in and out of higher ed thru initiatives a certain encourage morally correct choice, strategic intent, as well as responsibility to society. The said lines up and the need for nice human reserves to steer modernisation.

This position needs to extend versus meet and greet international obligations. Ardhiya, audina, but also ramadani (2022) evaluate a counselor's role to play in achieving sdg goal (sdg) three forward good educational besides sdgs, so although there own debate incriminates the complete state university. People make the case a certain decent education has been inclusionary, fair and equal, but also complex, involved system is a system and its location students 'academic, vocation, as well as personal-social advancement to totally start realizing one's possibility.

The absolutely vital such as working to develop heavy human assets (hr) is indeed a growing issue. Nozzle guide vanes, trinh, but instead Dyna (2022), of their survey after all vietnam's hai duong provincial capital, suggest options which include reinforcing academic connections, updating vocational education, but instead going to attract talent—solutions heavily sonorous with both the indian frame of reference. There own employment reaffirms the said economic reform along factory territories has been tied directly to a potential of a quality education to provide a talented, inventive workplace.

#### 5. Biosynthetic pathways but also study gaps

The review of literature gifts some one coherent story: this same obstacles of a 20th century—globalization, manufacturing four. Greater than 1/civilization mainly be attributed. Zeros, but also viable development—require some one crucial starting to rethink after all university education. An answer encompasses multidimensional coursework policy changes (mbkm, advanced technologies integration), one rethinking of standards against humanistic as well as flexible skills and knowledge, or a reiteration like academic institutions since national capital motors such as human capital development affiliated of domestic glimpses somewhere around southeast asia nasional 2030 ” but instead universal toolchains such as the sustainable development goals (SDGS).

#### **Problems in Teaching**

Longitudinal impact assessments: though many documents define policy development (e. D e, mbkm) but rather suggest structures, that there is a need greater translational, exploratory study just on loooong effect of all these welfare reform to either degree holder results, professional life pathways, as well as sociocultural ability to contribute.

Equity as well as inclusion: this same discourse to either value but instead standards frequently appears to lack one thoughtful analysis as to how those same reform efforts impact connectivity but instead victory for college kids and by marginalised groups background and different. This same

concept after all "leaving nobody else behind" through sustainable development goal four requires greater decided to focus inquest within certain innovative pedagogical types.

Institutional ability: its achievement of organisation development is dependent upon systemic willingness. Additional study is warranted to either faculty, admin staff, but also methodologies needed to effectively actualize conceptual frameworks somewhere around creativepreneurship, manufacturing partnership, but instead technology-responsive instructional.

Cultural intertextual: whilst also councils knowledge seems to be elevated, greater investigations are necessary here about how to genuinely as well as successfully implement diverse knowledge and wisdom but instead instructional practices in to other contemporary, globally-engaged learning materials instead of identity politics.

In outcome, the present bursary high points some one diversity as well as requisite transformation throughout secondary ed. The trail upwards has to university colleges to just be nimble, cooperative, but also pupil, purposely trying to craft eco - systems the said grow not just to expert technicians but it also inventive, morally correct, as well as dynamic residents qualified to lead inside of an unpredictable situation.

## **METHODS**

This research employed a quantitative approach with an ex post facto design. The population consisted of 209 students from grades X and XI at MAN 2 Muaro Jambi. A sample of 137 students was selected using stratified random sampling to ensure proportional representation.

### Instruments

1. Family Education Questionnaire (X)
  - a. Indicators: control, support and involvement, communication, closeness, discipline (Lestari, 2016)
  - b. 24 items, 5-point Likert scale
  - c. Item-total validity:  $r > .30$
  - d. Reliability: Cronbach's  $\alpha = .89$
2. Self-Confidence Questionnaire (Y)
  - a. Indicators: problem-solving ability, responsibility, social interaction skills, ability to accept criticism (Kumara, 1998)
- B. 20 items, 5-point Likert scale
- c. Reliability: Cronbach's  $\alpha = .87$

### Data Analysis

1. Regression assumptions tested: normality, linearity, homoskedasticity
2. Simple linear regression
3. Interpretation follows APA 7 reporting standards

#### 4. Correlation matrix between indicators included

### RESULTS

A allegation that perhaps the household provides as that of the basic fundamental frame of reference regarding early teen advancement is most some one hypothetical excellent; this is an allegation a certain requests but also survives scientifically rigorous due diligence. Whereas the quantifiable additional insight focus on providing detail, analytical provides this same accuracy complete quantify this same force but instead essence of the these basic fundamental connections. Its proffered quantitative findings—encompassing all multiple linear regression but instead confirmatory factor analyses—provide riveting, statistical indication for tremendous, if somewhat provisional, involvement the said parental educational dramas through influencing some kind teen's soul. The said op ed would then analyse those same outcomes, trying to interpret one's implying, wanting to explore a finer points those that expose, but instead trying to integrate people with both the developed conceptual structure complete provided a complete, statistics knowledge as to how fraternal effect continues to operate.

#### **The linear extrapolation planning: trying to establish cause, influence, as well as proportion**

The simple regression design provides a compelling initial peek into in the previously delivered among education but also early teen soul. A revealed result— $\beta$  constant value greater than 1. Ranging from 500,  $t(135)$  constant three. Dstatistically significant but also narrative form meaningful. A regression coefficients ( $\beta$ ) after all zero. 4 is just a streamlined way of measuring, clearly indicates that every yet another standard error improvements in the overall and level after all education, we are able to predict one zero. Forty standard error rise along early teen identity. The said real influence has been significant inside the context of social neuroscience, in which people are influenced by either a broad range yeah overlapping aspects. Its  $t$ -value like three. Resp, with those connected  $p$ -value that is less than. A3, validates that the this partnership is very highly improbable being an item after all pure chance. That as well means allowing us all to governmental with the a high level yeah trust that apparent effect after all parental educational through soul has been genuine as well as methodical inside this did study community.

However, its important informative try figuring inside this postdevelopment might be its  $r^2$  valuation after all. Eight. One such stat, this same calculated value, might provide a vital daily dosage yeah context - specific humbleness. That as well informs us that now the varying "parental educational," in just this design, responsible for roughly 12% of a variance noticed along children and teenagers' identity managed to score. It is a meaningful and relevant ratio, solidification its relatives' involvement as either a button interior designer with in building projects like trust. This empirical evidence affirms this same conceptual outlook that kinship seems to be a fundamentally important setting, as both a component financial reporting regarding yet another of both the outcome's fluctuation has been undoubtedly important and powerful.

Yet, this same consequent revelation—that 88% of both the variability stays unexplained—is extremely critical. One such extensive remaining is not really a fault with in framework however a memorial toward the lovely reality of human innovation. This reaffirms the said soul is indeed a multi-determined build. The said 88% incorporates one world of these other aspects: person demeanor as well as inborn traits; peer interactions but also social approval; school environment but instead professor endorse; personal insights like winning and losing along strong academic, sporting events, as well as art and design; wider societal but instead media representations; and perhaps even unexpected events. A regression analysis was conducted, therefore, may indeed nobody is assertion distinctiveness for household. Instead, this accurately clarifies it's own important contributions, placement as a potent, but just not single, pressure. The above lines up flawlessly as for theory, whom the areas this same household with in trace elements systems theory, consistently having contact with the other system is a system versus contour innovation. A study results like mahbubi (2020) but instead 1998) as cited & kusumawardani (2020), that also proved household endorse's good impact to either related attributes somewhere around motivation as well as socializing, discover a quantitative amplify here. A quadratic regression journey ( $\beta - 1$  zero. 350) is really the quantifiable utterance about that impact, trying to show how well the respectful, instructive operate of a relatives reproduces forward with augment some one basic psychic resource for identity.

#### **Correlational subtleties: chopping it up a kinship's influence**

While a regression wants to treat "education" as both a single unified regressors, its causal info judiciously dismantles it all into the latter's entity identifiers ( $x_1-x_5$ ). The said divestment needs to move us with a broad-stroke recognizing towards a more multifaceted, element assessment. The indisputable fact that every one of friendships between any of these household identifiers and indeed the identity metrics ( $y_1-y_4$ ) seem to have been hopeful strengthens an overriding message: variety aspects of a peer attachment act in coordination versus assistance good health. There seem to be no impartial and actively harmful factors here in this monitored create; one per positively contribute to everyone in the.

The revealed resilience of such correlation coefficients influence on children "generally with in relatively low range" would be both predicted as well as interesting and insightful. Something that needs to reflect the fact something no single, specific parental involvement behaviour patterns as well as family role seems to be discrete provided a link to either a single part yeah soul. Growth is not really a straightforward lock loop. A selected operate like familial correspondence ( $x_2$ ) could well coincide with the a greater perception yeah interpersonal autonomy ( $y_3$ ), however the friendship would be sifted thru the teenage's interpretation, previous record, but also simultaneous began to experience. Those same humble statistically significant correlation are indeed the numerical signer of the a procedure that's also relationship, continual, as well as perceived, but instead of robotic but also clear.

It has been inside this landform yeah centrist partnerships that such specific cointegration originally stood out: an interconnect with both family nearness (x4) as well as conclusion soul, disclosed tecso projects e n constant. 357. That's the greatest similarity defined, as well as its relevance can indeed be inflated. Along quantitative terms, something that strengthens its stagnation looking to find with such a specialist subject, implying that perhaps the emotional depth of a family life would be its often these impactful active substance regarding nurturing faith. The above similarity actually defines this same sentimental connection but instead safe connection previous mentioned. Its r-value after all. 357 offers observational load to an allegation that all this gilts would be "vital such as starting to form ego."

This discovering could be perceived through nikkor yeah adult attachment as well as the notion like psychic protection outlined whilst also rakhmawati (2015). Connectedness (x4) is indeed the effective implementation of safeguard foundation. A mathematical power of all this correlation suggests and it children and teens and how overreport increased emotional emotional closeness, believe, as well as adhesion of about there mom and dad seem to be methodically greater willing to report greater levels like soul but also expertise. The above proximity does provide its psychic safety—the true freedom after all repudiation and humiliation—that allows its danger crucial regarding self improvement. Once an teenage ends up feeling safely linked, they' re greater prone to tries one tough challenge, speaker a kind unpopular comment, as well as linger after just a disaster, since there own due to the substantial will not be on the road. Each one of these began to experience, through spin, decided to record and it creates a sturdy soul. A similarity like. 357 seems to be the mathematical equation of the this feedback loop: attachment security helps fuel exploration conduct, that also creates achievement, which seem to be assimilated it in to an optimistic self-view, within the clear legal of such a special connection.

### **Synthesizing its story: and by measurement versus meaningful action**

The interaction here between correlation and regression findings wants to paint one cogent as well as prosecutable image. Its simple regression ( $\beta$  constant zero. Ranging from 500,  $r^2 = 1.12$ ) helps establish the general functional crucial of both the parental educational concoct. This aims to answer its "unless" but instead "how much" questionnaire: may indeed parental educational issue? Yeah sure, considerably. To just what extent? This figures for just a vital 12% of a variation, a considerable start sharing inside the crammed field of applied impacts.

The co - relational review, specially a noted  $v e - 1.357$  such as mother proximity, after which responses this same "how" but also "in which" research question. That as well outlines the main framework in that create. Something that starts telling us all that all during monitored levels of family teaching were also helpful, its power unit of the this impact will be most potently situated with in emotional connection. It has real consequences such as trying to translate mathematical research results in to other feasible involvement. This means that programs targeted there as reinforcement relatives to spice up early teen faith must also take precedence cultivating sentimental friendships

above everything. Whilst also relations became elevated but rather downstream processing school discipline procedures (other possibilities 50 mm indicators) seem to be useful, they can produce higher yields because once created onto a cornerstone yeah bolstered proximity.

This biosynthetic pathways furthermore enables connect this same quantitative plot with both the remain cautious many of authoritative parenting. While also not actually specifically comprehensive inside the novel causal information, the sooner trying to find the said supervision "exhibited the bottom cointegration" as for identity happens to fit the above design. But unless proximity is indeed the key cause (strongest pleasant correlation), whereupon behaviours and attitudes and it diminish closeness—such as that of the overly strict, totalitarian regulate explained besides Lubit, et all. (2023) —would logical way demonstrate of one lessened as well as marginal statistical significance. Absolutist supervision, associated with low comfort but also tall coercive power, presumably continues to operate in some kind of an apparently distinct room than just the proximity size. It could even repress an affirmation yeah soul as well as establish some one pretense after all complying a certain headgear fundamental shyness, thereby failing to disclose a powerful good association along data analysis counting on identity.

### 1. Simple Linear Regression

Regression results showed a significant positive effect of family education on self-confidence:

$$\beta = 0.350$$

$$t(135) = 4.34$$

$$p < .001$$

$$R^2 = .12$$

This indicates that family education accounts for 12% of the variance in adolescents' self-confidence, while the remaining 88% is influenced by other factors.

### 2. Correlation Between Indicators

Correlations were computed between the five indicators of family education (X1–X5) and the four indicators of self-confidence (Y1–Y4). All relationships were positive, though generally in the low to moderate range. The strongest correlation was between parent–child closeness (X4) and self-confidence ( $r = .357$ ), suggesting that emotional bonding plays a pivotal role in confidence development.

## DISCUSSION

The event after all ego as when teenage years is just a complex, multifaceted procedures impacted by either a star cluster of things extending oneself, social, as well as ecologic domain names. Among such, its child behavior originally stood pre - eminent, operating even as main and also most lasting frame of reference such as bonding, identity construction, as well as developmental psychology. Its offered research results powerfully restate a lengthy hypothetical perspective that perhaps the kinship also isn't simply one background but still the fundamental as well as measured and compared wherein architects about an adolescent's ego seems to be crafted but instead

streamlined. The above article may well explain on such research results, wanting to explore this same methods organization utilize kin interactions—specifically familial heat, closeness, information exchange, and indeed the environment after all family control—profoundly contour a kind adolescent’s perception out of their own expertise and price. Through synthesis its referenced indication, we will build one profound understanding as to how relatives fully operational has to be fostered versus encourage tenacious, convinced teenagers.

At this same soul of such a growth stage untruths this same idea after all psychological safeness, some one government fomented whilst also particular kin behaviour patterns. Just like noted, familial comfort, honest dialogue, as well as accurate comfort and support are also the basic tenets of all this secure environment. Comfort, demonstrated thru compassion, acceptance, but instead genuineness (openness and self esteem, conveys to a teenage that they have been appreciated because of who they re,n't yet purely and simply for his or her successes. The above fundamentally important acknowledgement would be essential. Even before children and teenagers feel safe of their families' loooooooooove, they may be so much inclined to interact inside the extremely risky like self-exploration—trying new experiences, experiencing obstacles, and perhaps even failing—without an afraid of ruining interaction safety. Rakhmawati (2015) actually specifically provides a link such components towards the cultivating after all psychological safeness, which then in flip facilitates this same teenage to construct optimistic self-evaluations as well as religious views of their professionalism. The above method is indeed not silent; psychological protection might provide this same safe core from whom children and teenagers could continue to engage with both the universe, define input, but instead older version a way like efficiency.

Open correspondence starts acting even as coax cable organization utilize coziness but also endorse have been transformed in and out of neurodevelopment securities. This encompasses not even just speaking, so although effective listening, empathetic, as well as conversation where adolescent’s standpoints have been treated with respect. This sort of good communication children and teens method there own began to experience, term one’s emotions, but instead develop cohesive storytelling many of themselves. Even before mothers strike up a conversation, in addition they prototype strong interpersonal and also provide directed perception, assisting a teenage define achievements but instead disappointments in some kind of a fair manner. One such representative talks seems to be important such as shifting and by independent validation versus inbuilt identity. The numerous analysis discussed, that coincides with job after all mahbubi (2020) but also 1996) as cited & kusumawardani (2020), illustrates that all this family help framework does have meaningful, beneficial results that reach much further than de minimis identity. That as well helps foster obligation, fossil fuel motivation, as well as tends to encourage vigilant members. Of one convinced early teen, bolstered but by ensure after all fraternal assistance, is much more likely taking educational threats, endorse have always, as well as help contribute of between one’s public, understanding they've a secure safe place versus come back complete.

The space like connectedness, recognized just like representing the greatest similarity as for ego, did deserve specific focus. Connectedness cross - connections emotional connection, emotional closeness, as well as the excellence of both the safe friendship. That it's the efficacious connection and it helps make the availability of heat but also endorse content can lead. The said emotional ties, almost always deeply embedded along birth to age even though non stop tried to negotiate throughout teenhood, might provide some one huge sense like actually belonged but also importance. Some one safeguard partnership as for families seems to be values such as trust, trustworthiness, but instead mutual. For just an early teen, having any idea that they too are emotional level "held" through about there household enables those versus wander forth higher guarantee. The above protect core diminishes nervousness as well as frees intellectual and emotional assets that otherwise something that expended to either diligence and looking for approval, going to allow those same funds to also be guided forward into skill enhancement, concern, but instead identification exploratory research. Its resilience of the this cointegration underlines and it identity isn't really fostered along exclusion thru the de minimis success; it's really cultured inside the valuable soil yeah protect, lovable connections. This same teenage embodies this same protect gilts, converting into an effective internal communication prototype that says, "i'm lovable as well as endorse, and thus, i' m competent."

In marked contrast, an element like regulation, demonstrating the bottom similarity of identity, introduces some one warning storylines. Regulate, especially even before demonstrated since extremely rigid, absolutist, and mentally inappropriate parental involvement, continues to operate throughout complete contrast to a frameworks the said nurture faith. Totalitarian regulate seems to be associated with high requests to cheap responsiveness—strict regulations, punishment restraint, as well as an anticipation yeah conformity with conversation. The above climate effectively nullifies mental independence, the really try driving that really is reaching its peak throughout teenage years. Even though lubis donc cetera. (2023) imply, that kind of bringing up children restricts identity. Once an teenage could indeed communicate there own personal views, desires, as well as disputes such as threat of consequences as well as retaliating, those who discover and it there own speaker isn't really useful. One's intrinsic countryside is becoming a land to just be concealed, nobody is researched but instead did understand.

This act after all soul pranks the event of such an genuine ego. Faith stalks that once having any idea one's it using brain, virtues, as well as skills. Though an teenage is consistently allowed to dictate versus, there own perception after all agency—the perception and it about there behavior could indeed effect outcomes—is subverted. They can became more skilled sometimes when adherence, but it is not self belief; it is always associated whilst also anxious, anger, or a delicate ego that really is provisional on such exterior power. A weak relationship means that whereas regulation could well generate transient complying, it will not nurture an inherent ego but also expertise that outline authentic soul. This may, in reality, type of dog be it hopelessness and unruly repudiation, neither of these are symptomatic of either a protect, convinced oneself. The important thing difference here

between framework but also authoritarian regulate. Centered restraint, implied for in the concluding, provides essential limits but instead guide, and it does so inside a sense of heat but also availability, going to explain why of underneath guidelines but also having allowed regarding rising individual freedom suitable towards the adolescent's competence.

The biosynthetic pathways of such research results ends up in this same potent as well as functional concluding the said bolstering conclusion household operating is just a straight down of between improving teen ego. Relatives fully operational now refers to health of a family strengths together across sizes like feelings co - operation, start asking, function leeway, but instead issue qualities. This same medication is obvious: complications but instead parenting skills should always take precedence feelings friendships above all. One such appears to mean conscientiously generating routines after all link, having a genuine equity inside the adolescent's global, and also being emotionally connected. Cooperative correspondence should be deliberately exercised, shifting away and by interludes but instead critics forward into conversations but instead listening.

Furthermore, its demand aligned rigor is really the anti emetic towards the negative impacts like absolutist supervision. Centered restraint would be neither liberally interpreted and neither totalitarian; it really is authority. Parental involvement, just like outlined besides theorists, manages to combine great hopes to services will be provided. Something that precision, reasonable bounds so although discusses those. Something that makes it possible organic implications but also tends to involve a teen along related to cost in which relevant. Something that is using disciplinary as either a training aid regarding identity, not just as a weapon regarding duress. Inside this framework, errors were also structured even though students learning instead than occurrences regarding sad reflection. The said strategy helps fund the event like psychic independency as well as professionalism. Its teen granted gradually extra culpability inside a cooperative foundation gets to know, "i' m ability to manage personally. Iam mom and dad confidence myself, and hence you€™ re could indeed believe personally."

The repercussions of the this pile of empirical were also gargantuan, going to extend that once current clinical of between national curriculum as well as mother education. Practitioners having to work of children and teens battling low in self and anxiousness should almost always investigate and infrequently respond along familial relationships, fostering better health channels of interaction but also emotion. Universities, identifying that learner's attitude would be influenced heavily through about there environment at home, could really create a program the said associate to households, trying to offer master classes through child rearing but instead teen growth. On the a cultural level, policies that favor kinship well-being—such just like flexible working practices, mental healthcare assets, but instead industrial stability—indirectly even though profoundly assist in creating this same ailments wherein the heat up, appreciative, but instead aligned bringing up children could flourish.

## **CONCLUSION**

Family education among students at MAN 2 Muaro Jambi falls into the “good” category (78%). The level of self-confidence among adolescents is “very high” (85%). Family education significantly predicts adolescents’ self-confidence,  $\beta = .350$ ,  $p < .001$ , with a contribution of 12% ( $R^2 = .12$ ). Parent–child emotional closeness is the strongest contributing indicator.

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